

Mini Multi Sports

60 minute
classes for
2-5 year olds
at Rocks Lane
Barnes

Mini Multi Sports combines free flow games and physical development activities, with an introduction to tennis, football, cricket and athletics.

Mini classes build on the basics, developing a child's sports foundation, and aiming to be a fun and engaging introduction to further skills development.

Our goal is to build a child's core engagement with sports, starting a hobby that will make him or her look forward to coming back to us again.

Our learning goals...

- Catch a ball with a sticky mitt
- Move around obstacles with a racket and ball
- Balance on either foot for five seconds
- Hit a tennis ball over the net into a target area
- Strike a football to hit a target area
- Walk along court lines changing direction and speed
- Have a fun experience working as part of a team

Come for a
free trial session