

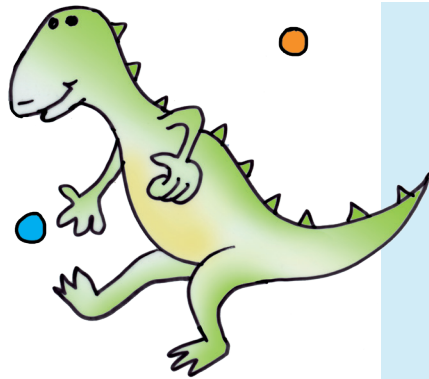


Mini Multi Sports

Mini Multi Sports combines free flow games and physical development activities, with an introduction to tennis, football, cricket and athletics.

Mini classes build on the basics, developing a child's sports foundation, and aiming to be a fun and engaging introduction to further skills development.

Our goal is to build a child's core engagement with sports, starting a hobby that will make him or her look forward to coming back to us again.



**NEW
PROGRAMME!**

**45 minute classes
for 2-4 year olds
at Rocks Lane
Chiswick**

Our learning goals...

- Catch a ball with a sticky mitt
- Move around obstacles with a racket and ball
- Balance on either foot for five seconds
- Hit a tennis ball over the net into a target area
- Strike a football to hit a target area
- Walk along court lines changing direction and speed
- Have a fun experience working as part of a team



**Come for a
free trial session**

For more information contact adam@rockslane.co.uk

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